# COGNITIVE RHYTHMS AND EVOLUTIONARY ALGORITHMS IN UNIVERSITY TIMETABLES SCHEDULING 

# RITMOS COGNITIVOS Y ALGORITMOS EVOLUTIVOS EN LA PROGRAMACIÓN DE HORARIOS UNIVERSITARIOS 

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#### Abstract

The main purpose of this research is to design a methodology based on evolutionary algorithms to university timetable scheduling. This methodology will consider the students' cognitive rhythms, which establish that teaching certain subjects in specific time intervals is much better than other techniques. This project takes place in three phases. First of all, there is a description of the different techniques used to solve this problem. Then, a new methodology based on cognitive rhythms and evolutionary algorithms is proposed, and finally, different methodologies are compared to determine the best. It is concluded that evolutionary algorithms are more efficient than other techniques in the university timetable scheduling. Future lines of research will determine the impact of these techniques within the students' learning process.


Keywords: scheduling, university timetables, genetic algorithms, fitness.

## Resumen

El propósito de esta investigación es diseñar una metodología basada en algoritmos evolutivos para la programación de horarios universitarios. Esta metodología considerará los ritmos cognitivos de los estudiantes, los cuales establecen que enseñar algunas materias en intervalos de tiempo específicos es mejor que otras técnicas. Este proyecto es desarrollado en tres fases. Primero se realiza una descripción de las diferentes técnicas empleadas para solucionar este problema. Posteriormente una nueva metodología basada en ritmos cognitivos y algoritmos evolutivos es propuesta. Finalmente diferentes metodologías son comparadas para determinar la mejor. Se concluye que los algoritmos evolutivos son más eficientes que otras técnicas en la programación de horarios universitarios. Futuras líneas de investigación determinarán el impacto de estas técnicas en los procesos de aprendizaje de los estudiantes.

Palabras clave: programación; horarios universitarios; algoritmos genéticos; función objetivo.

Mathematics Subject Classification: 97P30.

## 1 Introduction

For the last 50 years, the university timetabling problems have been achieved with different models, however this is a difficult non-polynomic problem to solve (NP-Complete). Different techniques have been made to university timetable scheduling [20, 24]; however, these methodologies do not consider the students' cognitive rhythms in the establishment of the best time to attend certain classes $[22,38]$. In general, the subjects with a high level of difficulty should be taught in the middle of the school day. Those with moderate difficulty should be taught at the beginning of the school day, and in the same way, the easier subjects, should be taught at the end of the school day. Cognitive rhythms are directly associated with circadian rhythms, they include factors such as complexity, individual differences (sex, chronotype, style, motivation) urban and rural factors [33]. These factors are very marked in the colombian universities therefore the application of these cognitive rhythms also takes on special importance in the university context.

Basically, there are two ways of timetable scheduling. The first one is based on analytic techniques where the main objective is to offer a solution. Any solution that takes into account all restrictions (teachers, classrooms and special rooms) is accepted.

The second way is based on artificial intelligence techniques, which generate new and best solutions from old solutions. Therefore, it is possible to go through the whole search space to obtain a good solution in a few seconds $[35,34,32,7]$.

This article is designed in four sections: State of the art, Methods, Experimentation, Results, Discussions and conclusions. The first section covers the state of the art in the last fifty years. In the section named "Methods", a methodology based on evolutionary algorithms is proposed. In last section "Results and Discussions" this methodology is compared with other existing methodologies. Finally the results show that this methodology is at least $15 \%$ more efficient than others.

## 2 State of the art

Twenty years ago, the evolution of this problem was related by different articles: In 1992 the logic programming (Prolog) was used to solve it [13]. In the same year [14] an evolutionary algorithm based on taboo search
was proposed. Finally, during the same year two kinds of constraints and a punishment function were proposed [19].

Subsequently in 1996, a combination of data and data base knowledge were proposed. Four years later [15] some special considerations (group sections and special constrains) were proposed to solve this problem, and, in 2001, methodologies based on integer programming were developed in Access to solve this problem.

In 2002, multi-criteria objectives were considered to solve this problem [11]. One year later [2], a constraints methodology based on search techniques was proposed to solve this problem. In [39] a computer network system was proposed to solve this problem. Afterwards, in [12] an integer program with cost function and search reduced space was proposed.

Similarly, in [9] a solution based on integer programming was proposed. In [26] some particularities that permit the student design its own curriculum were solved based on integer linear programming. In [40] specific constraints were considered: all student must have a least two classes, there is a maximum student number, the students have a maximum number of difficult subjects for semester.

In 2008, an evolutionary meta-heuristic solution was proposed by [17] for this objective. In [25] the gap between theory and practice was evidenced. Later that year, in [23] an integer programming fast model was proposed. One year later (2009) in [18] some extra constraints were included in new meta-heuristics. Similarly that year, in [10] a hierarchical low level combination was proposed. Finally that year, in [28] a hybrid algorithm based on harmonic algorithms and climber optimizers was proposed.

In 2010 a methodology based on meta-heuristic Monte Carlo and hybrid meta-heuristics with the aim to minimize the linear combinations were proposed by the authors [4]. In [3] a hybrid algorithm between taboo search and greedy search was proposed. In [21] the author first resolves the hard constraints and then the soft constraints.

In 2011, [29] a methodology based on graph coloring and heuristic multiples was proposed. Similarly, in [31] a mimic algorithm based on heuristics and knowledge databases was proposed. Finally, in [27, 36] an algorithm with an adaptive behavior based on Particles swarm optimization (PSO) was proposed.

In 2013, an adaptive hybrid algorithm based on bees' behavior was proposed [37]. Later in [33, 35] this problem was solved based on NSGA methodology for a school. In [1] a methodology based on integer linear
programming was proposed. The problem was split in two objectives. In [5] an adaptive linear combination between graph coloring and multiple heuristic was proposed. Finally other applications can be found in [6].

## 3 Methods

Methodology based on genetic algorithms is described. It has the following steps:

## Step 1: Problem variables

For a solution to the problem, four multidimensional arrays are defined: data, scheduling, professors and classrooms. Table 1, and Figures 1 and 2 represent these variables.

Table 1: Data. This variable contains the initial definition of the problem. Adapted and translated [8].

| Sem | Subj <br> code | Subj name | Hour/ Gr <br> week | Prof <br> code | Prof <br> name | Max <br> hours <br> /day |  | Room | Ideal <br> time |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 1 |  |  |  |  |  |  | Prof_2 Prof22 <br> code |  |  |
| . |  |  |  |  |  |  |  |  |  |
| . |  |  |  |  |  |  |  |  |  |
| $N$ |  |  |  |  |  |  |  |  |  |

The variable named Classroom has a similar structure. Figures 1 and 2 show it.


Figure 1: Multidimensional array, timetables professors. Adapted and translated [8].


Figure 2: Multidimensional array, timetables scheduling. Adapted and translated [8].

This problem considered some hard constraints: professors, rooms, the quantity of hours by day, the subjects of the same semester can not be crossed, there are some unavailable time periods for teachers and rooms. Similarly, there are other soft constraints: The subjects should be programmed at an ideal time; the timetable should be the most compact possible. When all subjects (table 1) are programmed in the three tridimensional structures, the hard constraints are resolved. In other case, the problem does not have a solution. The scheduling of these subjects is described in the next step (2).

## Step 2: Initial population

All subjects represented in Table 1, should be organized (according to table $2)$ into a timetable scheduling to obtain a solution. When the subject is scheduled in the tridimensional structures at the ideal time (field ideal time table 1), there is no penalty. However, it is not always possible and the subject could be assigned at a wrong time; in this case, the total solution has a penalty proportional to the scheduled time. Because of the fact that the penalty depends on the scheduling sequence it is necessary to define an initial random array called "Father" (Teble 2).

Table 2: Subject scheduling sequence (Father).

| 1... (Rows number of table 1 $=N$ ) |  |
| :--- | :--- |
|  |  |

The chromosome represented in Table 2 contains the first $N$ numbers without repetitions. ( $N$ represents the number of subjects that should be scheduled on the three dimensional structures) According to the Father (Table 2), all subjects are scheduled with three variables: scheduling, professors and classrooms that are exemplified by the algorithm showed in following lines:

Times $=\mathrm{p}$
Evolution $=1$
Get (Father, Size_father) /*Initial Father*/
While evolution $\leq$ times
Success $=0$
Penalty $=0$
Tot_pen $=0$

Cont $=1$
While (cont $\leq$ size_father) and (Success $==0$ )
Programming (Subject, professors, classroom, timetabling, success, penalty, father)
/*The subjects are programming on the three
dimensional structures */
/*When it is not ideal time, the subject is penalized*/
Cont $=$ Cont +1
Pentot $=$ Pentot + Penalty
Wend
If (success $=0$ ) $/ *$ The solution is possible*/
If Fitness < bestfitness /*The best solution is saved*/
Bestfitness $=$ Fitness
Lasevolution = Evolution
Save(solution)
End If
If fitness > Worstfitness /*The worst solution is saved*/
Worstfitness $=$ Fitness
Save(solution)
End if
Else /*When the solution is not possible a new father is generated.*/
New_father
End If
If evolution $\bmod 33=0 / * 3^{*} /$
Mutation
Else
Combination
End If
Evolution $=$ Evolution +1
Wend
If success $=1 / *$ If this variable has 1 the algorithm does not find a possible solution*/
Mgs("Solution does not exist")
End if

When the solution generated by table 2 is not possible this solution
is penalized with a fitness function equal to infinite. The solution is not feasible when is not possible to solve all hard restrictions.

## Step 3: Algorithm

With mutation and combination operators, the values of tables 2 are changed. The combination operator has $99 \%$ of probability (the crossover process is used by this algorithm), the mutation has $1 \%$ (This process selects two random positions into the father vector to be changed). With these operators new fathers are generated. The algorithm evolves until the fitness function does not improve during $K$ interactions. The fitness function is defined as the sum of differences between the ideal hour and programed hour for each subject.

The fitness function can be defined as:

$$
\left.\left.\begin{array}{rl}
\text { Fitness }_{\text {Function }}= & \sum_{J=1}^{N(\text { Subjects })} \text { Abs }\left(\text { Ideal }_{\text {Hour }}-\text { TimetablesScheduling } \times\right. \\
& \times(\text { Day, Programmed } \\
\text { Hour }
\end{array}, \text { Semester }\right)\right)
$$

according to prove the methodology this process is repeated during ten times. The ten best results of the fitness function are selected. These results are compared with other artificial intelligence techniques (random algorithms, data mining and taboo search) with an analysis of variance under the model $y_{i}=\mu+T_{i}+\varepsilon_{i}$, where $y_{i}$ represents the variable of the answer, $T_{i}$ the effect caused by the $i^{t} h$ treatment, $\varepsilon_{i}$ the $i^{t} h$ experimental error. The information collected must get over independence and normality requirements. Finally, the solution generated by traditional techniques is compared with the best solution obtained with this methodology.

Experimentation: A hypothetical problem is used to prove this methodology (Table 3): Three room types are considered (Normal Room, Multimedia Room, Computer Room). This problem is solved for two semesters (because the whole problem employs a lot of space). However this is NPHard problem with $13!=6.227 .020 .800$ possibilities.

## 4 Results

This methodology produces the following data: steps 1-3. Tables 4 and 5 show the best results of these steps. In this timetable scheduling, the best fitness function found is 41 and the worst is 53 .

Table 3: Problem Definition. According to the methodology, the possibilities are $13!=6.227 .020 .800$.

| Sem | Subj code | Subject name | Hour/ week | Gr | Prof code | Prof name | Max hours /day | Room type | $\begin{aligned} & \hline \text { Ideal } \\ & \text { time } \\ & \text { hour } \end{aligned}$ | Prof_2 code | Prof 2 name |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 7 | 29 | Simulation | 3 | 1 | 5 | Professor 5 | 3 | 3 | 9 | 0 |  |
| 7 | 29 | Simulation | 3 | 2 | 5 | Professor 5 | 3 | 3 | 9 | 0 |  |
| 7 | 30 | Quality | 4 | 1 | 6 | Professor 6 | 2 | 1 | 4 | 0 |  |
| 7 | 31 | Production | 8 | 1 | 7 | Professor 7 | 3 | 1 | 7 | 0 |  |
| 7 | 31 | Production | 8 | 2 | 3 | Professor 3 | 3 | 1 | 7 | 0 |  |
| 7 | 32 | Systems | 6 | 1 | 8 | Professor 8 | 3 | 3 | 9 | 0 |  |
| 7 | 32 | Systems | 6 | 2 | 5 | Professor 5 | 3 | 3 | 9 | 0 |  |
| 7 | 33 | Business | 6 | 1 | 2 | Professor 2 | 3 | 1 | 16 | 0 |  |
| 8 | 34 | Quality <br> CE | 4 | 1 | 3 | Professor 3 | 2 | 1 | 16 | 0 |  |
| 8 | 35 | Plants | 10 | 1 | 1 | Professor 1 | 3 | 2 | 14 | 2 | Professor 2 |
| 8 | 35 | Plants | 10 | 2 | 9 | Professor 9 | 3 | 2 | 14 | 2 | Professor 2 |
| 8 | 36 | Projects | 4 | 1 | 10 | Professor <br> 10 | 2 | 1 | 16 | 0 |  |
| 8 | 37 | Financial | 6 | 1 | 4 | Professor 4 | 3 | 1 | 16 | 0 |  |

Table 4: Timetabling $7^{\text {th }}$ semester.

| Hour | Monday | Tuesday | Wednesday | Thursday | Friday |
| :---: | :---: | :---: | :---: | :---: | :---: |
| 7 |  | Quality-1-AUL:1 |  | Quality-1-AUL:1 |  |
| 8 | Production-1-AUL:1 | Quality-1-AUL:1 | Production-2-AUL:1 | Quality-1-AUL:1 | Production-2-AUL:1 |
| 9 | Production-1-AUL:1 |  | Production-2-AUL:1 | Production-2-AUL:1 | Production-2-AUL:1 |
| 10 | Simulation-1-AUL:3 | Systems-1-AUL:3 | Systems-1-AUL:3 | Production-2-AUL:1 | Production-2-AUL:1 |
| 11 | Simulation-1-AUL:3 | Systems-1-AUL:3 | Systems-1-AUL:3 | Production-2-AUL:1 | Systems-2-AUL:3 |
| 12 | Simulation-1-AUL:3 | Systems-1-AUL:3 | Systems-1-AUL:3 | Production-1-AUL:1 | Systems-2-AUL:3 |
| 13 | Systems-2-AUL:3 | Production-1-AUL:1 | Simulation-2-AUL:3 | Production-1-AUL:1 | Systems-2-AUL:3 |
| 14 | Systems-2-AUL:3 | Production-1-AUL:1 | Simulation-2-AUL:3 | Production-1-AUL:1 |  |
| 15 | Systems-2-AUL:3 | Production-1-AUL:1 | Simulation-2-AUL:3 |  |  |
| 20 |  | Business-1-AUL:1 | Business-1-AUL:1 |  |  |
| 21 |  | Business-1-AUL:1 | Business-1-AUL:1 |  |  |
| 22 |  | Business-1-AUL:1 | Business-1-AUL:1 |  |  |

Table 5: Timetabling $8^{\text {th }}$ semester.

| Hour | Monday | Tuesday | Wednesday | Thursday | Friday |
| :---: | :---: | :---: | :---: | :---: | :---: |
| 12 | Plants-1-AUL:2 | Plants-2-AUL:2 |  |  | Plants-2-AUL:2 |
| 13 | Plants-1-AUL:2 | Plants-2-AUL:2 |  |  | Plants-2-AUL:2 |
| 14 | Plants-1-AUL:2 | Plants-2-AUL:2 | Plants-1-AUL:2 |  | Plants-2-AUL:2 |
| 15 | Plants-2-AUL:2 | Plants-1-AUL:2 | Plants-1-AUL:2 | Plants-2-AUL:2 | Plants-1-AUL:2 |
| 16 |  | Plants-1-AUL:2 | Plants-1-AUL:2 | Plants-2-AUL:2 | 0 |
| 17 | Projects-1-AUL:1 | Plants-1-AUL:2 | Financial -1-AUL:1 | Plants-2-AUL:2 | Financial-1-AUL:1 |
| 18 | Projects-1-AUL:1 | Projects-1-AUL:1 | Financial -1-AUL:1 | Quality CE-1-AUL:1 | Financial-1-AUL:1 |
| 19 | Quality CE-1-AUL:1 | Projects-1-AUL:1 | Financial -1-AUL:1 | Quality CE-1-AUL:1 | Financial-1-AUL:1 |
| 20 | Quality CE-1-AUL:1 |  |  |  |  |

Table 6: Repetitions by groups of 10 .

| Fitness | Repetitions |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |  |
| Genetics | 41 | 42 | 41 | 43 | 41 | 44 | 44 | 44 | 41 | 41 | 422 |
| Random | 42 | 45 | 41 | 41 | 42 | 43 | 41 | 42 | 56 | 43 | 436 |
| Data Mining | 42 | 41 | 43 | 44 | 42 | 41 | 43 | 42 | 45 | 45 | 428 |
| Taboo search | 41 | 42 | 41 | 43 | 41 | 42 | 45 | 43 | 41 | 41 | 420 |

Table 7: Variance analysis.

| Source Varia | GL | SC | CM | Fcal | F Tab |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Sum C Total |  | 253.10 |  |  |  |
| Treatment | 3.00 | 15.50 | 5.17 | 0.78 | 2.87 |
| Exper error | 36.00 | 237.60 | 6.60 |  |  |
| Total | 39,00 | 253,10 | 11,77 |  |  |

In order to analyze the consistency of the results, the process is repeated 10 times and compared with other techniques of artificial intelligence: genetic algorithms, random algorithm, data mining and taboo search. (Tables 6 and 7). According to the variance analysis the four methodologies compared are equal. The best fitness found with this methodology (41) is not compared with the solution generated by traditional techniques because it was not possible to solve the problem with these techniques. Traditional techniques solve the problem with the initial sequence, they do not provide a solution.

To build a feasible solution under traditional techniques it is necessary to define at least two normal rooms. In this case the best fitness function is 40 . However, in the same case with the artificial intelligence techniques the best solution is 34 . The fitness function is better at least by $15 \%$ than the traditional techniques.

## 5 Discussions and conclusions

Today, many techniques have been developed to solve this problem [30, 16]. However, in the literature there is not one solution for university timetable scheduling that considers students' cognitive rhythms. In this article, an evolutionary algorithm is formulated, to find the best solution. The so-
lution proposed is more efficient (15\%) than traditional solutions. Additionally, the best values compared as is illustrated in the variance analysis show the system stability. Finally, the artificial intelligence techniques proposed in this study can be applied to solve general type of NP-Hard multi-objective problems.

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